

Przesyłam kolejną kartę pracy do wykonania. Rozwiązania proszę przysłać na mojego maila: magdalenawalczak13@wp.pl

Good luck!

SPORT AND HEALTH

Vocabulary

1. Complete the sentences with the words formed from the words in brackets.

1. Some of the accident victims had multiple (INJURE) _____
2. Spring is a hard time for those of us who are (ALLERGY) _____ to plant pollen.
3. Exercise improves blood (CIRCULATE) _____ .
4. There's nothing to worry about; the doctor says she'll make a full (RECOVER) _____.
5. Your doctor will prescribe the right (TREAT) _____ or refer you to a specialist.
6. In developed countries (OBESE) _____ is a public health problem.
7. Some health specialists believe sugar is an (ADDICT) _____ substance.

2. Complete the sentences with the verb from each pair in the correct form.

injure, wound

1. Admiral Horatio Nelson was fatally _____ at the Battle of Trafalgar.
2. Patrick got _____ while skateboarding on a steep ramp.

cure, treat

1. You were _____ for the wrong disease. No wonder it didn't help.
2. Don't worry, this disease can be _____ in 95 per cent of the cases.

heal, recover

1. All you can do about a broken rib is be careful not to laugh or move too much, and wait for it to _____.
2. My grandma was badly ill last month, but now she's completely _____.

suffer, diagnose

1. He was _____ with a rare disease at an early age.
2. I have to be careful about my diet as I _____ from diabetes.

3. Which options are correct?

1. If you have a deep cut you may need some *crutches / stitches*, and it is likely to leave a *scar / bruise*.
2. The usual treatment for *concussion / an open fracture* is plenty of rest until all the symptoms are gone.

3. A broken arm may be put in a *scratch* / *cast* and supported on a *syringe* / *sling*.
4. The school nurse put a *bandage* / *plaster* around my sprained wrist and told me to go to the hospital.
5. Monica injured her leg so badly that she has to walk on *slings* / *crutches*.

4. Match the English idioms with the Polish ones.

1. As right as rain
 2. Be going strong
 3. Feel under the weather
 4. Look the picture of health
 5. Recharge your batteries
- a) Być okazem zdrowia
 - b) Zdrow jak ryba
 - c) Odzyskać energię
 - d) Dobrze się trzymać
 - e) Czuć się źle

6. Answer the questions.

1. Which of these is not involved in breathing?
 - a) joints b) lungs c) bronchi
2. Which illness causes earache?
 - a) diabetes b) appendicitis c) otitis
3. Which is not an illness of the lungs?
 - a) pneumonia b) hepatitis c) TB (tuberculosis)
4. For which two games do you need a bat?
 - a) baseball b) table tennis c) badminton
5. Which of these do you need to play badminton?
 - a) puck b) shuttlecock c) racket
6. Which verb does not complete the collocation: to _____ a sporting event?
 - a) hold b) set c) host

7. Which words below complete the text?

tuberculosis smallpox cholera heart disease cancer
plague

Top killer diseases

In the past, infectious diseases with no known cures were the greatest threat to humans. In the 14th century the Black Death epidemic killed approximately one third of the population of Europe. It was the _____, a disease carried by fleas on rats. In the 18th century _____, which covers the whole body in blisters, caused 400,000 deaths a year in Europe and left survivors with permanent marks on their faces, and often blind.

Today infectious diseases remain a major problem in poor countries. Among the most dangerous are _____, which affects the lungs; _____ and other diseases

causing severe diarrhoea; and AIDS. In contrast, in developed countries the top killer diseases are lifestyle-related. The number one cause of death is cardiovascular disease, commonly known as _____, followed by lung _____, which is strongly linked to smoking.